

~ September 2018 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	WG- Whole Grain WW- Whole Wheat Notes: 1%, Skim & Skim Choc. Served each Morning	<ul style="list-style-type: none"> Lactose Free milk available 	*Assorted Cereal~ Cheerios Frosted Mini Wheats Froot Loops			1
2	3 No School	4 Assorted Cereal/ WW Toast/Jelly/Applesauce/Juice Milk	5 WG Lumberjack Stick/Tropical Fruit/Juice/Milk	6 WG Waffle Sticks/Syrup/ /Mandarin Oranges /Juice /Milk	7 Breakfast Bar/Juice/Milk Applesauce	8
9	10 WG Breakfast Pizza/Pears/Juice Milk	11 WG Cinnamon Roll/ Mandarin Oranges/Juice/Milk	12 WG Pancake/Syrup/Tropical Fruit Juice/Milk	13 WG French Toast Sticks /Applesauce/Syrup/Milk	14 Sausage & Gravy WG Pizza Peaches/Juice/Milk	15
16	17 Assorted Cereal /WW Toast/Jelly/Applesauce/Milk	18 Wheat Muffin/Tropical Fruit/Juice Milk	19 WG Lumberjack Stick / Juice/ Pears/Milk	20 WG Biscuit and Sausage Gravy/ Peaches/Juice /Milk	21 AssortedCereal/ WW Toast/Jelly/Applesauce/Juice Milk	22
23	24 WG Apple Filled Strudel Fruit/Juice/Milk	25 WG Waffle/Syrup/ Mandarin Oranges Juice/ Milk	26 Breakfast Bar/ Juice/ Applesauce/ Milk	27 Breakfast Pizza on WG Crust/Pears Juice/Milk	28 WG Cinnamon Roll/ Yogurt/Juice/ Milk	29
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